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# Features

## Introduction

**MaCS Reading C** is a three-book reading series for high beginner level students. Using a systematic approach, each unit includes various topics and useful patterns that learners will learn in this level. The lengths of the reading passages presented in MaCS Reading are carefully controlled so that the difficulty level increases gradually. Mind maps serve as an especially useful tool to help students comprehend and organize the key concepts of the story and memorize the key words quickly and easily.

- Themes familiar to young students
- Mind maps improve organization and reading comprehension
- Passages gradually increase in length and difficulty
- Various reading and workbook activities
- Audio recording of reading passages and listening activities

## Student Book

**Passage** covers various topics and introduces useful patterns. Key vocabulary words are highlighted and illustrations or pictures accompany the text.

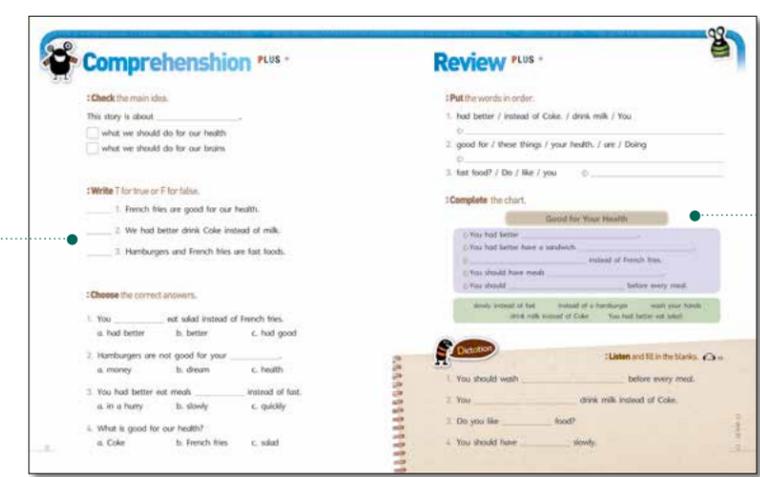


**Today's Words** introduces five key words from a story. Listening and matching activities help students understand the meanings of the words.

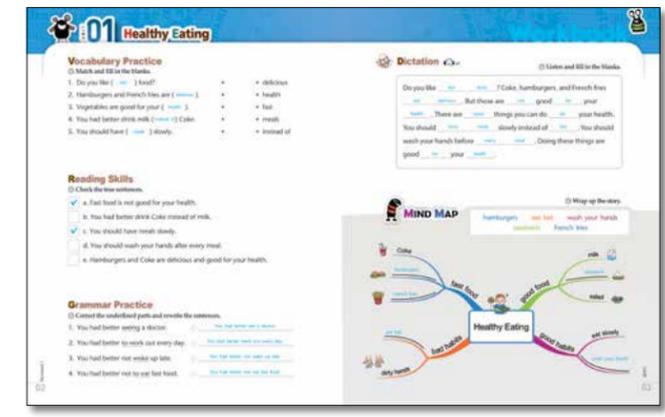
**Word Bank** provides four sentences that include key words. It helps students understand how the words are used in sentences.

**Comprehension Plus** provides several questions to help students check their understanding and develop their reading comprehension skills.

**Review Plus** provides several activities to help students wrap up the story and practice using the sentence structures and key words of each unit.



## Workbook



- Vocabulary Practice
- Reading Skills
- Grammar Practice
- Dictation
- Mind Map

These activities help students recheck their understanding key words, key grammar points, and key sentences that appear in the reading text. **Mind Map** helps students organize the main idea and establish relationships between key words related to the theme.

## Audio CD

## Online Resources (www.mccowell.com)

Answer Keys / Translation / Vocabulary Lists / Test Sheets



# UNIT 01

## Healthy Eating

healthy food

about

subject

science

words

87

This Story



Do you like fast food?  
**Coke**, hamburgers,  
 and **French fries** are delicious.  
 But those are not good  
 for your **health**.  
 You had better drink milk  
 instead of Coke.



Listen and write the numbers. Track 02

1. meal    2. French fries    3. slowly    4. health    5. Coke



Complete the sentences. Use Today's Words.

- Fast food is not good for your \_\_\_\_\_.
- You had better have meals \_\_\_\_\_ instead of fast.
- You had better drink milk instead of \_\_\_\_\_.
- You should wash your hands before every \_\_\_\_\_.



**:Check** the main idea.

This story is about \_\_\_\_\_.

- what we should do for our health
- what we should do for our brains

**:Write** T for true or F for false.

- \_\_\_\_\_ 1. French fries are good for our health.
- \_\_\_\_\_ 2. We had better drink Coke instead of milk.
- \_\_\_\_\_ 3. Hamburgers and French fries are fast foods.

**:Choose** the correct answers.

1. You \_\_\_\_\_ eat salad instead of French fries.
  - a. had better      b. better      c. had good
2. Hamburgers are not good for your \_\_\_\_\_.
  - a. money      b. dream      c. health
3. You had better eat meals \_\_\_\_\_ instead of fast.
  - a. in a hurry      b. slowly      c. quickly
4. What is good for our health?
  - a. Coke      b. French fries      c. salad



**:Put** the words in order.

1. had better / instead of Coke. / drink milk / You  
⇒ \_\_\_\_\_
2. good for / these things / your health. / is / Doing  
⇒ \_\_\_\_\_
3. fast food? / Do / like / you      ⇒ \_\_\_\_\_

**:Complete** the chart.

### Good for Your Health

- ⇒ You had better \_\_\_\_\_.
- ⇒ You had better have a sandwich \_\_\_\_\_.
- ⇒ \_\_\_\_\_ instead of French fries.
- ⇒ You should have meals \_\_\_\_\_.
- ⇒ You should \_\_\_\_\_ before every meal.

slowly instead of fast      instead of a hamburger      wash your hands  
 drink milk instead of Coke      You had better eat salad



**:Listen** and fill in the blanks. 03

1. You should wash \_\_\_\_\_ before every meal.
2. You \_\_\_\_\_ drink milk instead of Coke.
3. Do you like \_\_\_\_\_ food?
4. You should have \_\_\_\_\_ slowly.